Holidays in March and April!

- Emancipation Day
- Birth of Benito Juárez
- Women’s History Month!
- St. Patrick’s Day!
- First Day of spring!
- Easter!
- Passover!

Upcoming Events and Movies!

- Bread and Roses (part of Cesar Chavez events) March 25th, 7pm, DC Bottoms
- Milk (with ASAP) April 9th, 5 and 7:30pm, LSC Theater
- To Be Determined (part of Asianfest) April 29th, 7pm, DC Bottoms
- Zero Degrees of Separation will be shown on Wednesday evening, March 4th, at 5:30pm in room 222 of the LSC.
- Somos Rams Retreat– March 27th and 28th
- 24th Cesar Chavez community event
- 31st “Papi, Me, and Cesar Chavez”
- 31st Immigration discussion “La Lucha Sigue”
- 31st Cesar Chavez CSU Celebration “Honoring Cesar Chavez”

César Chávez

Who was he and what did he accomplish in his life? Well, according to Wikipedia he was a Mexican American farm worker, labor leader, and civil rights activist who with Dolores Huerta, co-founded the National Farm Workers Association, which later became the United Farm Workers. Supporters say his work led to numerous improvements for union laborers. His birthday has become a holiday in eight U.S. states. Many parks, cultural centers, libraries, schools, and streets have been named in his honor in cities across the United States.

When interviewing El Centro’s Assistant Director, Rich Salas, I personally found out a lot of information about Cesar Chavez and his life that I had not known before.

Chavez helped more than Mexican Americans alone, he helped all minorities and those who worked in the fields. These people were under paid and not taken care of. Many were poisoned by harmful pesticides, which affected pregnant women considerably. He led the strike from southern California to Sacramento.

Salas was at CSU when Chavez came to speak in the ballroom at the LSC. He remembers it being so quiet as he walked onto the stage. “You could hear a pin drop. It was out of respect that no one uttered a word. He spoke with grace and eloquence. It was his goal to serve others selflessly.”

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CÉSAR CHAVEZ DAY 2009 | The Legacy of César Chávez: Yesterday, Today and Tomorrow

Who was César Chavez?

YESTERDAY: César Chavez was a Mexican American labor activist and leader of the United Farm Workers. During the 20th century he was a leading voice for migrant farm workers (people who move from place to place in order to find work). His tireless leadership focused national attention on these laborers' terrible working conditions, which eventually led to improvements in their lives.

TODAY: Many of the issues César Chavez dedicated his life to still exist today. Equal and safe working conditions and equal education are areas that César Chavez fought to improve because they are essential human rights. His basic philosophy was “We cannot seek achievement for ourselves and forget about progress and prosperity for our community... Our ambitions must be broad enough to include the aspirations and needs of others, for their sake and for our own.”

TOMORROW: “Si se puede!” Yes we can! Our actions will bring positive CHANGE to our communities. We have seen the power of people organizing across this country in recent months. We must continue that call to action to bring change to our communities.

Colorado State University

Sponsored by Colorado State University: Associated Life, ADA, Associated Students of Colorado State University, Campus Activities Board, CUB Boarders, CSU Center for Student Services, Housing and Dining Services, Multicultural Center, LGBTQ+ Center, RYSE Center, The Office of Student Diversity and Inclusion, Office for Disabled Students, Unit for Student Affairs Parent Fund, Hispanic, Asian, and Pacific Islander Affairs, and the Office of Tri-Campus Services. Sponsored by the College of Health and Human Sciences, College of Natural Sciences, College of Agricultural Sciences, and the Office of Student Diversity, Inclusion, and Equity.

**Donations of canned food will be accepted at all events.**

ATLANTIS AREAS ARE PETS and open to everyone, more information available at www.csuchavez.org. Free parking after 4pm in lot A, Paved LSC meter lots.

*Spanish translation available on a limited basis.*
Don’t Lose Focus!

Do you feel yourself drifting away from your schedule lately? Does the course work seem to be piling on more than ever? Are you trying to push it away, all the while, knowing that if you don’t start plowing through it now you will soon be buried!

These things tend to happen this close to spring break. We are so concentrated on Cancun, the parents house, or, if you are like me, going home to Florida, that we don’t even want to think about studying for midterms!

Well it’s time to get our heads out of the clouds! Set up some study time! You can make your sessions less than they normally are, but stick to them! Record yourself reading your notes out loud (on your phone, or a recorder of some type). Just do a little bit at a time. It’s better than doing nothing!

Make a goal chart/vision board! Get a bunch of magazines and cut out things that you want to acquire in your life. You can cut out things, houses, animals, cars or people (replace the persons head with a picture of your own!). Paste all of these things on a board, in collage form. BE CREATIVE! This is a fun project for YOU! Color it, be-dazzle it, and/or paint it! Now put the whole thing on your wall! It is a vision board! The point of creating a vision board and putting it in a place where you will see it every day is to help you stay focused. It is manifestation! (Read the book The Secret! It’s all about this theory!)

Try to cut out a little bit more junk food from your diet. Healthy food=healthy brain function! It is easier to concentrate when you are healthy!

Take frequent short breaks! Eat a snack, or watch a show, anything to get your mind on a different subject! Stretch! Waking up your body a little bit is always helpful!

Don’t worry, this next test won’t be too bad, you can get through it! Just stay focused! Give your self a chance! There is always a way to make studying and school fun!

Now accepting submissions for the 2009 Diversity Zine!

What is the Zine?
The Zine, pronounced Zen, is the name for a small publication or alternative newsletter that includes written and visual elements including essays, poems, pros, short stories, song lyrics, photography, illustrations, and cartoons. The Zine is a forum for you to share your experiences related to race/ethnicity, gender, sexual orientation, ability, class, religion, privilege, oppression and other areas of social justice and diversity. We are now accepting visual or written and fiction or non-fiction forms of media. The Zine is sponsored by GUIDE (Gaining Understanding through Involvement, Diversity, and Education) in the Office of Residence Life at Colorado State University

How to submit:
Students and community members can send in submissions to the Zine by sending them electronically to thezine09@gmail.com. Please include the following information with submissions: name, title of the piece (if it has one), and an e-mail/phone number for contact purposes (this information won’t be published). Also, we ask that written submissions be attached as Word documents and visual submissions attached as .jpeg files. If you unable to submit in these forms, please feel free to contact us at thezine09@gmail.com or (970) 491-4760.
Submissions are due by April 19, 2009.

Look for our poster advertisements around the residence halls and across campus, and feel free to ask for more information by emailing thezine09@gmail.com.

Thanks,
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