The History of 5 de Mayo

Cinco de mayo is a day of celebration for the Mexican and Chicano communities. It is celebrated more in the United States than it actually is in Mexico.

It all started in the late 1860's when President Benito Juarez put a two year hold on paying their debt to other countries. France wanted to get back at Mexico by sending troops to take over and occupy Mexico. On May 5, 1962 in the city of Puebla, the Mexican army was able to defeat the French Army. The leader of the Mexican Army, General Ignacio Zaragoza Seguin had only 4,000 men while the well equipped French Army was composed of over 8,000. A year later the French moved into Mexico City. The French were under pressure from the United States and decided to leave in 1966-1967.

This battle at Puebla was significant because the Mexican Army was able to defeat the better equipped French Army. It was also an important event in history because since then no country in the Americas has been invaded by an army from another country.

5 de Mayo has been celebrated in the United States to recognize culture and history of ancestors. In Canada they celebrate this day by having a 5 de Mayo skydiving event. No matter where you are on this day, just remember the struggles, pride, and victory that lead to a celebration for the Mexican culture.

Finals Week

Finals Week is right around the corner and now is the time to start taking even more care of yourself. Here are some tips to help you stay focused, healthy, and ace your final exams!

1. Time management
2. Schedule in breaks
3. Schedule in sleep
4. Exercise
5. Prioritize
6. Form study groups
7. Free your schedule
8. Ask professor for help

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